AEROMEDICAL ANALYSIS ENCLOSURE FORM 01
Chronological Account of Activities of Previous 72 Hours

THIS IS PART OF A LIMITED USE NAVAL AIRCRAFT MISHAP INVESTIGATION REPORT.
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(Continue on additional sheets as necessary)

Name _____ Mishap severity _____
Duty/Title _____ Mishap category _____
Date of mishap _____ Aircraft model _____
Reporting custodian _____ BUNO _____

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INSTRUCTIONS FOR COMPLETION OF AEROMEDICAL ANALYSIS ENCLOSURE FORM 01

Chronological Account of Activities of Previous 72 Hours

Submission Criteria: The flight surgeon shall submit this form as an enclosure to the Aeromedical Analysis for each aircrew member and for other persons who may have contributed to the mishap.

V. CHRONOLOGICAL ACCOUNT OF ACTIVITIES OF PREVIOUS 72 HOURS:
This history should begin 72 hours prior to the time of the mishap and proceed in a chronological order. Among important items to consider are: (1) exact content of meals (if known), (2) alcohol consumption, (3) sleep periods, (4) stressful situations of any nature, (5) significant events, and (6) medications/drugs. Items listed should be accompanied by time of occurrence (if known). Provide comments concerning any deviation from normal habit patterns. An example is provided:

FRIDAY: 2 OCT 81
1800 Ate dinner at home: turkey, mashed potatoes and gravy, peas, 2 glasses of red wine, coffee and apple pie a la mode.
1900 Relaxed with family, watched TV, ate popcorn, drank 1 glass sherry.
2300 Went to bed. Took 2 Coricidin tablets for residual URI.
SATURDAY: 3 OCT 81
0700 Woke up, ran 2 miles.
0800 Showered, breakfast with family: 1 egg, 2 strips bacon, 1 slice toast, orange juice and coffee.
0830 Read paper, relaxed.
0900 Worked on car, mashed finger, finger throbbing, took 2 APCs, treated finger with iodine, band-aid.
0930 Cut grass.
1130 Ate lunch: bologna sandwich, iced tea.
1200 Went shopping with wife.
1700 Dinner at a pizza parlor - ate half of a large pepperoni and mushroom pizza, drank small pitcher of beer.
1800 Went to movie with family.
2030 Arrived back home, relaxed, listened to music, 1 glass brandy.
2200 Went to bed.
2300 Finger throbbing, got up and took 2 APCs.
2330 Back to bed.
SUNDAY: 4 OCT 81
0800 Woke up, ran 2 miles.
0900 Showered, breakfast with family, 8-ounce glass orange juice, coffee, 2 waffles with syrup.
0930 Read Sunday paper.
1030 Dressed for church.
1100 Left to go to church with family.
1330 Lunch at hamburger joint, 1 quarter-pound cheeseburger, fries and large coke.
1400 Took kids to zoo and park.
1600 Returned home, watched sports on TV, 2 beers.
1900 Supper at home, spaghetti and meat sauce, 2 glasses Chianti, salad, 2 slices garlic bread.
2000 Call from mother: father had heart attack, in hospital, condition - satisfactory.
2200 1 glass sherry, went to bed.
2300 Awakened by baby crying, helped wife with sick baby.
2400 To sleep.
MONDAY: 5 OCT 81
0530 Awoke, ran 2 miles.
0600 Showered, dressed for work, no breakfast.
0630 Left for squadron.
0700 Arrived at squadron.
0730 Brief for flight.
0900 FLY - one-on-one ACM mission with F-14s from sister squadron.
1015 Land at NAS Homebase.
1040 Debrief.
1100 To Division Office, paperwork.
1200 Lunch: hotdog, coke, candy bar.
1300 In Squadron maintenance spaces.
1630 Brief for hop.
1700 T.O.
1800 Firewarning light, observed deteriorating engine instruments, flames and smoke, ejected - no injury.
1815 Rescued by SAR helo.
1830 Landed at NAS Homebase, to dispensary.

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